#### TAMRON HALL

THE CO-HOST OF NBC NEWS' TODAY KNOWS THE IMPORTANCE OF KEEPING HERSELF CAMERA READY. HERE, SHE SHARES WHY HER BATHROOM IS MORE THAN JUST A PLACE TO TAKE HER MAKEUP OFF; IT'S HER STRESS-RELIEVING ESCAPE AFTER A LONG DAY.



by LEAH GOLDBLATT

Photography by RIKKI SNYDER

# beauty

#### great debate

"I am a bath person. It's funny how the bath versus shower debate can turn a dull dinner party into a funny and wild conversation."

#### totally disconnected

"My iPad keeps me connected, and given my profession, I get anxious if I can't watch the news. I turn it on as soon as I walk in each morning, but I keep it off in the evening when I take my rejuvenation bath to end the day."

#### set the mood

"I light candles as soon as I walk into the room. In the summer, it's tuberose and jasmine, and in the winter, I like tobacco-rich smells."

### skin savers

"Traveling and wearing makeup every day can leave my skin screaming for help. I started using Erno Laszlo products last year and fell in love with the soaps and eye cream."

## Therepade Gav

#### SPF essential

"Every day I use a cream with SPF, even if it's cloudy or snowing. People assume darker skin is safe when it comes to skin cancer, but that's not true."